

# Pain in Babies

## THE SCIENCE BEHIND BABY BRAINS

Presented by:



### [REFERENCE GUIDE]

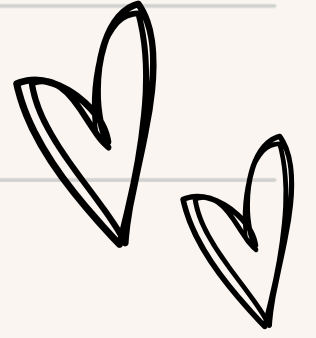
We are aware that most physicians are unfortunately not aware of all of the evidence we have about the connection between acetaminophen and chemical injury to babies. However, WPLab, Inc. does not provide medical advice and does not recommend any particular method of treating fevers or pain in children. This resource is a free resource for parent education, and should not be used as a medical recommendation or take the place of medical advice.







Let's talk



# PAIN+DISCOMFORT

Not all pain and discomfort is the same for babies, even when their little cries sound the same. There's little scientific evidence that giving over the counter medicines like acetaminophen is MORE helpful than cuddles, sugar water, or other non-pharmaceutical options.

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## It Doesn't Work as Good as You Think

Over the counter medications don't work well for certain types of pain involving physical damage to nerves including circumcision and other painful procedures in newborns. It's also not recommended for vaccinations, as it can stop the effectiveness of the vaccine.

## It's Not Proven Safe

We now know that science has never proven acetaminophen to be safe for babies and children. Even though this may seem hard to believe, since society uses it so readily, published scientific proof shows that this commonly held belief is based 100% on false assumptions.



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## What Can You Do?

Many individuals have considered alternatives to acetaminophen for pain management, including massage, turmeric, and cuddling. These and other alternatives haven't been tested extensively, in large part, because most people don't yet know that acetaminophen is not safe. In other words, most people still do not realize that we need a safe alternative, so not enough effort has been put into finding one.

We cannot provide medical advice. However, for your consideration, [wplaboratory.org](http://wplaboratory.org) provides example plans devised by mothers for treating their children's pain, and we would encourage you to make a plan in advance, for what you want for your family when it comes to pain and discomfort.

It is important to see a physician if your child experiences anything other than the common aches and pains of childhood. Such symptoms could be signs of something that requires urgent medical attention.

### More about WPLab Inc.

WPLab is a not-for-profit company that conducts research and education related to immune system dysfunction in high-income countries. A current focus is the interaction between the immune system and acetaminophen (paracetamol) early in life, and how that interaction affects brain development. We are currently conducting laboratory work, and, at the same time, work with social media and other venues to educate caregivers about what is known regarding the impact of acetaminophen (paracetamol) on the developing brain. For more information about WPLab, please see our website at [www.WPLaboratory.org](http://www.WPLaboratory.org).